

AMATEUR MARTIAL ASSOCIATION LTD

CODE OF CONDUCTS

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All members of the AMA by being a member must agree to abide by the AMA's Code of Conduct as outlined below:

1, Club Instructors/Coaches/Volunteers

The AMA qualifies instructors to teach Martial Arts of their own style and discipline. Instructors may sometimes be referred to as coaches. Instructors/coaches:

- ◆ Must treat everyone fairly and sensitively regardless of their gender, ethnic origin, cultural background, sexual orientation, religion, political affiliation, or ability
- ◆ Accept the special role that you must play, in the establishment of standards by setting a good example of behaviour and always conduct this.
- ◆ Do not manipulate the rules to benefit yourself personally or your club
- ◆ Encourage all students and instructor/coaches to abide by the rules and spirit of the activity
- ◆ Do not use foul, sexist, or racist language
- ◆ Use your official position to act against others who harass, abuse, or use foul, sexist or racist language towards participants, instructors/coaches, officials, and volunteers
- ◆ Ensure that proper supervision is provided by suitably qualified instructors/coaches and officials who can promote good sporting behaviour and good technical skills
- ◆ Ensure all equipment and facilities meet safety standards
- ◆ Check you have adequate insurance cover for the activities you are undertaking
- ◆ Respect the rights of other clubs
- ◆ Arrive in plenty of time to set up your activities and ensure safety
- ◆ Show respect to students, instructors/coaches, officials, and other volunteers involved in the activity/competition

- ◆ Not endeavour to influence the result of an activity/competition by any actions that are not strictly within the rules
- ◆ Remember activity is enjoyed for its own sake - play down the importance of awards
- ◆ Always have regard to the best interests of the sport, including where publicly expressing an opinion of the sport and any aspect of it, including others involved in it
- ◆ Resist all illegal or unsporting influences, including banned substances and techniques
- ◆ Promote ethical principles
- ◆ Set a good example which others can follow
- ◆ Children play for pleasure and winning is only part of the fun
- ◆ Keep yourself informed about sound teaching/coaching practices and the principles of children's growth and development
- ◆ Be reasonable in your demands on children's time, energy, and enthusiasm - they need other interests too
- ◆ The successful instructor/coach invests in the well-being and interests of their students, not their win/loss record
- ◆ Teach your students that honest effort is more important than victory so that the result of each event is accepted without undue disappointment
- ◆ Never ridicule or shout at a child for making a mistake or losing
- ◆ Teach students to be fair and to follow the rules
- ◆ Divide your time equally between all standards of students
- ◆ Ensure you and your students have respect for their opponents, the officials and opposing instructors/coaches and supporters
- ◆ Follow advice from a professional when determining if an injured student is ready to play or train
- ◆ Take responsibility for the young people in your care until they have safely left the activity

2. Students (Adult & Child)

- ◆ Treat everyone fairly and sensitively regardless of their gender, ethnic origin, cultural background, sexual orientation, religion, political affiliation, or ability
- ◆ Do not use foul, sexist, or racist language at any time
- ◆ Arrive for training and matches in good time to prepare thoroughly
- ◆ Play for fun and enjoyment - not just to please your parents and/or instructor/coach
- ◆ Learn and play by the rules

- ◆ Abide by the instructions of the instructor/coaches/staff and officials provided they do not contradict the rules.
- ◆ Do not argue with competition officials and/or the instructor/coach - use your energies for playing better
- ◆ Recognise and applaud all good play
- ◆ Be a good sport - win with modesty, lose with dignity
- ◆ Respect opponents, instructors/coaches, club officials and competition officials - treat them as you would wish to be treated
- ◆ Co-operate with instructor/coach, fellow students, and opponents
- ◆ Think about improving your skills after training and competition
- ◆ Inform the instructor/coach of any injury as soon as possible
- ◆ Inform the instructor/coach if you need to leave training/the event early
- ◆ Thank officials and opponents after competition

3. Spectators

- ◆ Remember the participants are taking part for their enjoyment not yours. They are not professional athletes.
- ◆ All spectators, on no account, must enter the field of play/activity unless authorised otherwise
- ◆ Do not use foul, sexist, or racist language or harass students' instructors/instructor/coaches, officials, or volunteers
- ◆ Condemn the use of violence and verbal abuse in all forms
- ◆ Respect officials' decisions. Remember he/she is only human with the same feelings as you and, like you, sometimes makes an honest error
- ◆ Do not ridicule participants who make mistakes
- ◆ Do not over-emphasise the importance of winning

4. Parents

- ◆ Remember that children play for their fun, not yours!
- ◆ During club classes or other training sessions, respect the instructor/coach. If you have any issues or concerns, please address these to the instructor/coach after the lesson/training session.
- ◆ Encourage your child always to play by rules and to respect the instructor/coaches, officials, and volunteers

- ◆ Encourage children to play, do not force them
- ◆ Praise your child's efforts whether they win or lose
- ◆ Applaud all good play
- ◆ Never ridicule a child for losing or making a mistake
- ◆ Children learn best by following a good example
- ◆ Learn the rules to better understand what you are looking at and commenting on
- ◆ Do not question the judgement of and show your appreciation to all officials, instructors/coaches, and helpers
- ◆ Condemn the use of violence, profane language, and any form of abuse
- ◆ Think of how you can best help the instructor/coach and/or the club
- ◆ As a spectator you must never enter the field of play/activity

5. Officials

- ◆ Must treat everyone fairly and sensitively, regardless of their gender, ethnic origin, cultural background, sexual orientation, religion, political affiliation, or ability
- ◆ Be consistent, objective, impartial and courteous when applying the rules of the event
- ◆ Compliment all competitors on good play when the opportunity arises
- ◆ Use common sense to ensure that the spirit of the event is not lost
- ◆ Encourage all participants to play within the rules and the spirit of the event/competition
- ◆ Try to ensure that the event/competition can flow with only as many stoppages as is necessary
- ◆ Show patience and understanding towards students who may be learning the event/competition.
- ◆ Not be afraid to take decisions. An official should be fair and firm and must resist any possible influence from protests on the part of students, team officials or spectators
- ◆ Show respect towards students and team officials
- ◆ Be honest and completely impartial always, irrespective of the teams, students or team officials involved in the event/competition
- ◆ Inform the person or body solely responsible if unable to officiate for any reason
- ◆ Refrain from requesting hospitality of any kind, or accept any hospitality offered and considered to be excessive
- ◆ Always have regard to the best interests of the game/competition, including where publicly expressing an opinion on the game/competition or any aspect of it, including others involved
- ◆ Do not tolerate foul, sexist, or racist language from students, officials, spectators

- ◆ The powers of an official must be used with wise judgment and care. Authority and a firm approach must be combined with respect
- ◆ An official should have regard to protecting the participants
- ◆ An official should show due respect when speaking with the participants, even in the event of infringements
- ◆ In reports, an official should set out the true facts and not attempt to justify any decisions
- ◆ It is necessary for the official's authority to be protected, not only for the sake of the event/competition, but also in the interest of fellow officials. This protection should, however, not influence the overriding regard for protection of the participants
- ◆ An official should refrain from publicly expressing any criticism of fellow officials
- ◆ An official should assist with the development of less experienced officials and assistant officials

General Code of Conduct: AMA Sport Squad Member

All members of the AMA by being a member must agree to abide by the AMA's Code of Conduct as outlined below:

- Conduct themselves in a manner appropriate to being a representative of AMA - remembering our core values are: **Respect, Unity, Integrity, Trust and Excellence.**
- Strive to maintain the philosophies and traditions of your Martial Art, comply with the rules and bylaws of the AMA, and abide by the spirit, as well as the letter, of the rules of sport.
- Exercise self-control, responsible behaviour, consideration of others, courtesy, and good manners always. Always accept the decisions of tournament officials and show respect for these officials, this includes accepting victory and defeat in an appropriate manner.
- Fully engage with all aspects of training and competition programs. Attend Open National events and Squad Training, preparation camps, international events and training camps, and meetings punctually, with the necessary kit and nutrition in place. Ultimately bringing the best version of themselves.
- Always set a positive example (particularly to young players and supporters), this includes physical appearance, language and demeanor in public, training, coaching, competing and especially in defeat. Maintain personal habits of health conducive to sporting excellence.
- Always show regard for the best interest of the tradition of your style, discipline and your sport when publicly expressing an opinion of the sport, or any aspect of a tournament or incident. Refrain from making any adverse or unjustifiable public statement, which is insulting of the AMA and / or its staff (directly employed or contracted), the sport, the AMA's Partners, the National Governing Body of your discipline or any of the bodies working to promote high performance sport in the UK, nor to make any public statement which constitutes a "personal attack" upon another sporting competitor.
- Safeguard the physical fitness of opponents, avoid deliberate injuries, and assist injured opponents when necessary.

- Encourage their personal coach to attend Performance activities when invited, passing on all relevant information regarding their program and development to them.
- Comply with all WADA, Anti-Doping rules, regulations, and procedures.
- Be committed to the attainment of sporting excellence, making every effort to develop their sporting abilities to full potential in terms of skill, technique, tactics, and fitness.
- Arrive at events, best prepared to give your best performance.
- Manage their weight in a safe and controlled way.
- Carry out all reasonable instructions requested by the Performance Staff.
- As best practice keeps an appropriate diary to record all aspects of their development, to aid reflection and further development. This can also be used as a communication aid between you and Performance Staff.
- Fully read any communication circulated by the AMA squad Coaches or main office.
- Keep Performance Personnel fully informed of their whereabouts at events where they are under the jurisdiction of the AMA.
- Abide by all curfew instructions when participating in events which include overnight stays.
- Abide by AMA's restrictions on consumption of Alcohol for 18yrs and over as informed by the AMA squad coach. No alcohol is permitted to minors.

BREACHES OF AMA CODE OF CONDUCT:

Any behaviour by students (adults or children), official, instructor/coach, instructors assistant, volunteer or spectator deemed to contravene the AMA Code of Conduct should be reported in writing to the AMA President and Directors and dealt with as laid down in the AMA Discipline Code and Complaints & Appeals Procedure.

Any behaviour by student (adults or child), official, instructor/coach, instructors assistant, volunteer or spectator deemed to contravene the AMA Safeguarding Policy and Implementation Procedures should be reported in writing to the AMA Directors and AMA Lead Welfare & Safeguarding Officer, as detailed in the AMA Safeguarding Policy.

6, AMA Directors & Executive - Conflicts of Interest

- 6.1 When accepting an appointment to the AMA position you should consider if any conflicts of interest arise from your private interests or by virtue of any other roles you hold. You should consider, with advice from the appointing department how these should best be managed, and agree these with the organisation.
- 6.2 You must ensure that no conflict arises, or could reasonably be perceived to arise, between your AM duties and your private interests, financial or otherwise.
- 6.3 You must comply with the rules of the body on handling conflicts of interests. As a minimum, these will require you to declare publicly, usually in the body's register of interests(minutes), any private financial or non-financial interests of your own, or of close family members, which may, or may be perceived to, conflict with your public duties. You must also ensure you require you to remove yourself from the discussion or determination of a matter where you have a financial interest. In matters in which you have a non-financial interest, you should not participate in the discussion or determination of a matter where the interest might suggest a danger of bias.
- 6.4 It is your responsibility to ensure that you are familiar with the body's rules on handling

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conflicts of interests, that you comply with these rules and that your entry in the body's register of members' interests is accurate and up-to-date.

7. Responsibilities as a board member, including non-executive chairs

- 7.1 You should play a full and active role in the work of the body. You should fulfil your duties and responsibilities responsibly and, at all times, act in good faith and in the best interests of the body.
- 7.2 You should promote an inclusive and diverse culture in the body and your actions should help create an environment where different perspectives and backgrounds are encouraged and valued.
- 7.3 You should deal with the AMA affairs fairly, efficiently, promptly, effectively and sensitively, to the best of your ability. You must not act in a way that unjustifiably favours or discriminates against particular individuals or interests.
- 7.4 You must not harass, bully or act inappropriately towards or discriminate towards others. Such behaviour is not consistent with what is expected of you as a board member and will not be tolerated.
- 7.5 You must comply with any statutory or administrative requirements relating to your post.
- 7.6 You should respect the principle of collective decision-making and corporate responsibility. This means that, once the Directors or board has made a decision, you should support that decision.
- 7.7 You must not use, or attempt to use, the opportunity of public service to promote your personal interests or those of any connected person, firm, business or other organisation.
- 7.8 You must inform the sponsor department of the body of any bankruptcy, current police investigation, unspent criminal conviction or disqualification as a company director in advance of appointment or should any such instances occur during your appointment.
- 7.9 You must also inform the sponsor department of the body of any change in your circumstances which results in you becoming bankrupt, subject to a police investigation, convicted of a criminal offence or disqualified from being a company director.
- 7.10 You have additional responsibilities as the chair of the body in leading the board/body and in ensuring that the principles covered in the Codes of Conduct for Board Members and Staff (where applicable) are upheld.

8. Responsibilities towards employees

- 8.1 You will treat any staff employed by the body with courtesy and respect. It is expected that employees will show you the same consideration in return.
- 8.2 You will not ask or encourage employees to act in any way which would conflict with their own Code of Conduct.

